



Free Oasis Classes Online in September

To access classes go to Zoom.us in your browser. Once you get to the site, go to "Join a Meeting" and type in the Meeting ID# for that class. If you do not have computer access dial 1 (346) 248-7799 and enter the Meeting ID# when prompted.

Cybersecurity

Wednesday, September 1 from 10:00am-11:00am

Cybersecurity is the practice of protecting systems, networks, and programs from digital attacks. These cyberattacks are usually aimed at accessing, changing, or destroying sensitive information; extorting money from users; or interrupting normal business processes.

Meeting ID # 863-9318-9625

Using Your Android Tablet

Tuesday, September 7 from 10:00am-11:00am

An Android tablet is a tablet-sized PC that runs on Google's Android operating system (OS). Android tablets include almost all the key features found in a regular tablet PC, including office applications, games, Web browsers and many other programs.

Meeting ID # 813-4667-9371

Exploring the Mediterranean Diet

Wednesday, September 8 from 1:00pm-2:00pm

Many of us have heard of the Mediterranean Diet but do you know what this diet consists of? What's the history of this diet? Is it good for my health? In this class, we will define the diet and its foundations, explain the history, discuss what the research says about how this diet affects your health, as well as discuss Mediterranean recipes.

Meeting ID # 825-9964-4304

iPhone Essentials

Thursday, September 9 from 10:00am-11:00am

There are many essential things you need to know about your new iPhone! How to set up account with the Apple store, customize your settings for ease of use, store your contacts and other helpful tips for using your phone.

Meeting ID # 814-5721-8095

Live TV/Streaming Basics

Tuesday, September 14 from 10:00am-11:00am

Live TV streaming functions like traditional TV with live channels, guides, DVR function and more. Both Traditional TV and Live Streaming TV air content live at a specific time on a specific channel. Live TV streaming services deliver entertainment over the internet. Come learn more about what Live TV is and how to use it.

Meeting ID # 895-8155-7168

Turn over for more classes...

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All About the Better Business Bureau

Wednesday, September 15 from 2:00pm-3:00pm

Did you know the Better Business Bureau does more than handle complaints? During this presentation you will be guided through the Better Business Bureau website to see all the information the Better Business Bureau offers and how they can help you.

Meeting ID # 819-4949-0037

Using Zoom

Tuesday, September 28 from 10:00am-11:00am

Zoom is still popular as ever for online classes, doctor’s appointments, meetings, visiting with family and more! Come join us as we walk through the steps of using Zoom.

Meeting ID # 835-7357-4761

Ten Warning Signs of Alzheimer’s

Wednesday, September 29 from 2:00pm-3:00pm

This class will provide an overview of the ten warning signs of Alzheimer’s disease and the reasons to take action as soon as possible with early detection. Alzheimer’s disease and related dementias are NOT a normal part of aging. More than memory loss, Alzheimer’s is a disease of the brain that kills brain cells. The Alzheimer’s Association has created a list of warning signs in consultation with health professionals, researchers and people with Alzheimer’s.

Meeting ID # 845-5117-1396

Ten Fun Things to Do with Your iPad!

Thursday, September 30 from 10:00am-11:00am

There are numerous fun things to do with your iPad! Watch TV, play games, shop, connect with friends and family and much more! Come join us to see how you can keep yourself entertained with your iPad.

Meeting ID # 894-6689-5307

For more information please contact Oasis at (210) 236-5954.