

FREE OASIS CLASSES ONLINE IN JUNE

To access classes go to Zoom.us in your browser. Once you get to the site, go to "Join a Meeting" and type in the Meeting ID# for that class.

"How to Use Zoom" Training

Monday, June 8 from 10:00am-11:00am

This class will discuss using Zoom for online classes and how to navigate on desktop PCs and iPad devices. **Meeting ID # 919 8721 7508**

Better Seeing/Better Hearing (Spanish) Tuesday, June 9 from 10:00am-11:00am

Phones and tablets have settings and features that make them easier to see small text and use touch screen technology. These features also make devices easier to use for anyone with a vision, hearing, or dexterity challenges. This class will introduce you to options and features that your device offers to make things larger, enhance audio, add captions, and much more. This class will be held in Spanish.

Meeting ID # 962 5253 9357

Safety First (Spanish)

Wednesday, June 10 from 10:00am-11:00am

The Internet is a daily part of our family, social, and business lives. The Internet is also where scammers and identity thieves lurk. Protect yourself by learning to recognize phishing and fraud attempts in this class designed for Internet users of all ages. You'll learn how to develop and practice good security habits, and reduce your exposure to threats. This class will be held in Spanish.

Meeting ID # 951 2450 2241

What to do Until EMS Arrives

Wednesday, June 10 from 1:00pm-2:00pm

Have you ever been in a situation where EMS was called but were unsure about how to help? Learn pointers to help your local EMS department arrive as quickly and efficiently as possible, ready to do their job. Instructor Craig Stimson will discuss first aid, providing accurate information to the authorities and how to remain calm in an emergency.

Meeting ID # 955 5586 6307

Safety First

Monday, June 15 from 10:00am-11:00am

The Internet is a daily part of our family, social, and business lives. The Internet is also where scammers and identity thieves lurk. Protect yourself by learning to recognize phishing and fraud attempts in this class designed for Internet users of all ages. You'll learn how to develop and practice good security habits, and reduce your exposure to threats.

Meeting ID # 984 6686 4525

To access classes go to Zoom.us in your browser. Once you get to the site, go to "Join a Meeting" and type in the Meeting ID# for that class.

Declutter Your World

Monday, June 15 from 1:00pm-2:00pm

Can you spare just five minutes a day so you can walk in your house without tripping over something? Decluttering your home is a great way to feel more calm and comfortable in your space. Gloria Jennings will teach you how to sort through your things, reorganize your space and maintain a comfortable and clean living environment.

Meeting ID # 950 7387 7012

Fall Prevention and You

Wednesday, June 17 from 10:00am-11:00am

According to the Center for Disease Control and Prevention, more than one-third of adults 65 and older fall each year in the United States. Twenty to thirty percent of people who fall suffer moderate to severe injuries. For many, these falls are a precursor to more serious problems. Megan Merriman will tell you why falls occur and what steps you can take to control your fall risk.

Meeting ID # 976 6037 6642

Job Search

Thursday, June 18 from 10:00am-11:00am

This course recognizes that some will be faced with having to add or make career changes. There are sample resumes, reference logs, job logs, and other organizational resources that will be introduced in this class.

Meeting ID # 956 3912 6532

Android Essentials (Spanish)

Tuesday, June 23 from 10:00am-11:00am

The Android Essentials class will help you on how to use your phone, discover features and avoid frustrations. This class will be held in Spanish.

Meeting ID # 935 6223 5167

San Antonio Food Bank

Wednesday, June 24 from 10:00am-11:00am

The San Antonio Food Bank will speak about the wide variety of services they offer to the community and also provide information relevant to food resources during these challenging times.

Meeting ID # 996 8492 8818

Tablet Essentials

Tuesday, June 30 from 10:00am-11:00am

This is a basic Android Tablet class covering the home screen, other features and standard apps you might use the most.

Meeting ID # 967 7323 6475

For more information please contact Oasis at (210) 236 -5954.



